

EUROPEAN FORMAT CURRICULUM VITAE



Surname / Name	<u>BLOW</u> DAVID LEONARD		
Occupation / Position Held	CEO of Taping NeuroMuscular Institute - Savà, Roma, Italy - Founder and Director of Studies in Professional Education in medical and rehabilitation area CEO of DermoTaping Institute - Savà, Roma, Italy - Founder and Director of Studies in Professional Education in medical and aesthetic area CEO of NADAACUDETTOX Institute - Savà, Roma, Italy - International NADA Acudetox trainer		
Personal information	Citizen: Australian Resident: Italy Born: WARATAH AUSTRALIA Birth Date: 26/10/1958 Tel: 06 3611685 Cell: +39 338 777 3912 EMAIL: info.taping@gmail.com Linked profiles: - https://www.neuromusculartaping.com - https://tapingneuromuscolare.eu - https://www.acudetox.it - https://www.dermotaping.com ORCHID identifier: https://orcid.org/0000-0001-9866-892X Linkedin: https://www.linkedin.com/in/david-blow-49391040/ Research Gate: https://www.researchgate.net/profile/David-Blow Facebook: https://www.facebook.com/david.blow.562?ref=bookmarks Instagram: https://www.instagram.com/neuromuscular_taping/		
Education and Training	1 December 1988	Degree Training in “Traditional Chinese Medicine” University of Technology Sydney, Acupuncture Colleges Australia	University of Technology Sydney, Acupuncture Colleges Australia. Australian Council on Tertiary Awards National Registration Certification N° 4435

Professional Roles and Academic Appointments

- Creator of the NeuroMuscular Taping Concept in 2000
- Founder and Director of Studies, Taping NeuroMuscular Institute – Savà srl, Rome, Italy
- Founder and Director, NADA AcuDetox Association in Italy (since 1995)
- Director, AcuDetox Institute – Savà srl, Rome, Italy
- Founder and Director of Continuing Education Program, NeuroMuscular Taping Institute LLC, Atlanta, USA
- Lead Lecturer for Continuing Medical Education (CME) programs in NeuroMuscular Taping in the United States
- Founder and Director of Studies, DermoTaping Institute – Savà srl, Rome, Italy
- Specialised in professional education for medical, rehabilitation and aesthetic disciplines
- Founder and Director of Continuing Education Programs, NeuroMuscular Taping Institute Indonesia, Jakarta
- Lead Lecturer in NeuroMuscular Taping for CME programs across ASEAN countries
- Teaching and Professional Development Roles (Italy)**
 - Accredited Lecturer, Italian Health Ministry – ECM Program in medical and rehabilitation fields since 2003
 - Accredited Lecturer, Italian Health Ministry – ECM Program in addiction medicine for doctors, nurses, and psychologists since 1997
 - Scientific Referee, ECM Providers:
 - Provider No. 8919 – Circolo Olis srl, Verona, Italy
 - Provider No. 2976 – FisioGym srl, Frosinone, Italy
- University-Level Teaching and Collaborations (Italy)**
 - Lecturer, University of Rome La Sapienza. Master in NeuroRehabilitation – 3day NeuroMuscular Taping course (2015-25)
 - Lecturer, University of Pisa. Master in Sports Traumatology – 4-day NeuroMuscular Taping course (2007–2024)
 - Lecturer, University of Sacred Heart (Gemelli), Rome. Master in Sports Rehabilitation (2013–2015)
 - Lecturer, University of Bologna. Master's Degree in Clinical Vocology (2018–2025)
 - Lecturer, University of Turin. Master's Degree in Swallowing Disorders (2018–2025)
 - Professor, Lecturer and Trainer, in over 650 ECM-accredited rehabilitation and medical courses (2003–2024) in Italy
 - Lecturer/Trainer in ECM-accredited programs for hospitals, public health services, and universities
- International Projects and Leadership Roles**
 - Project Coordinator, NMT Volunteer Training Program(2013–2024) Countries: Congo, Ethiopia, Malaysia, Indonesia, Serbia, Argentina
 - Focus Volunteer Training Program: Professional development of medical staff and healthcare services in underserved regions
 - President, International NeuroMuscular Taping Conference. Locations: Milan, Rome, Rimini (2012–2017)
 - Coordinator, International Acudetox Conferences. Locations: Milan, (1997–2005)
 - Trainer and Lecturer in university and hospital-based events across: Slovenia, Serbia, Malta, Ethiopia, Congo, Cameroon, Argentina, USA, Mexico, Indonesia, Malaysia, Australia, and others
 - Coordinator, Post-Traumatic Amputee Rehabilitation Project using NMT – Sarajevo COST European project 2010 and Ethiopia (2016, 2017)
 - Coordinator, NMT Rehabilitation Project for Natural Disasters – Indonesia (2018–2019)
- Academic Recognition and Editorial Activities**
 - Honorary Professor, Pontificia Universidad Católica Argentina, Buenos Aires (2016–present)
 - Visiting Professor, various universities in Indonesia and Malaysia (2016–present)
 - Editorial Board Member, Magna Neurologica Journal (app. 2024)

Scientific activities

Published articles:

- **Effects of neuromuscular taping form I on wound temperature and erythema in diabetic foot ulcer: a preliminary study.** Heri Kristianto, Ahsan Ahsan, Lailatul Mukaroma, Fenida Akhsinnadya, Melati Cahyani Indri, Nina Damayanti, Inne Kusbandiyah, Ridha Tri Rohyani, David Blow, Yohanes Andy Rias, Ahmad Hasyim Wibisono, Linda Wieke Noviyanti, Tina Handayani Nasution. June 2024 Journal of Wound Care 33(6):425-430. DOI: 10.12968/jowc.2020.0291
- **NeuroMuscular Taping Treatment Methodology Decompression taping for enhancing fluid exchange.** 2ND WORLD CONGRESS OF INTEGRATIVE MEDICINE AND HEALTH ROME, September 20-23, 2023
- **NeuroMuscular taping application to reduce work-related tension neck syndrome in “Batik” manual labor workers: A pilot controlled trial.** Umi Budi Rahayu, D. Putriana, A. Setyaningrum, Yuli Kusumawati, D. Blow, and M. H. Romli. <https://doi.org/10.1142/S021895772350001X>
- **NeuroMuscular Taping Sustainable Health services and disaster care.** March 2023. DOI: 10.6084/m9.figshare.22341766.v1. Conference: The International Respati Health Conference (IRHC) 2023. “Sustainable Health Care and Disaster Management” At: Universitas Respati Yogyakarta (UNRIYO)
- **Neuromuscular taping for chronic non-specific low back pain: a randomized single-blind controlled trial.** Loredana Maggi, Claudia Celletti, Maurizio Mazzarini, David Blow, Filippo Camerota. Aging Clinical and Experimental Research (2022). PMID: 34988932. DOI: 10.1007/s40520-021-02029-0. Published 6 January 2022
- **Diabetic foot ulcer treatment management with lymphatic neuromuscular taping (NMT).** H. Kristianto, C. Celletti, A. Waluyo, F. Camerota, D. Blow. Clin Ter 2021; 172 (2):8790. doi: 10.7417/CT.2021.2289
- **Neuromuscular taping application opportunities in nursing: a literature review.** Heri Kristianto, Agung Waluyo, Em Yunir, Dewi Gayatri, David Blow. Cent Eur J Nurs Midw 2020, 11(3):143-151 | DOI: 10.15452/cejnm.2020.11.0018
- **NEUROMUSCULAR TAPING (NMT) AND NEUROPLASTICITY: NMT Reduces Pain, Edema and Influences Proprioceptive Cognitive Strategies During Total Knee Arthroplasty Rehabilitation.** *Research Article Journal of Medical Research and Case Reports. Volume 2 • Issue 3 • 2020. DOI: 110.5281/zenodo.3934948*
- **Application of neuromuscular taping on occipital neuralgia: Case study.** October 2019. Journal of the Neurological Sciences 405:46-47. DOI: 10.1016/j.jns.2019.10.1639
- **Neuromuscular taping reduces blood pressure in systemic arterial hypertension.** *Medical Hypotheses 123 (2019) 89.* <https://doi.org/10.1016/j.mehy.2019.01.001>
- **Neuromuscular taping enhances hand function in patients with systemic sclerosis: a pilot study.** *La Clinica Terapeutica, [S.l.], v. 168, n. 6, p. e371 - e375, dec. 2017. ISSN 1972-6007.*
- **Neuromuscular taping for the upper limb in Cerebral Palsy: A case study in a patient with hemiplegia.,** ISSN: 1751-8423 (print), 1751-8431 (electronic), Developmental Neurorehabilitation, UK. 2014; 17(6): 384–387
- **Neuromuscular taping application in counter movement jump: biomechanical insight in a group of healthy basketball players.** European Journal of Translational Myology 27 (2): 130-135 . PMID: Eur J Transl Myol. 2017 Jun 24; 27(2): 6665. Published online 2017 Jun 27. doi: 10.4081/ejtm.2017.6665
- **The hand as an instrument of cerebral plasticity.** Senses Sci 2014; 1 (3):84-86. Published: September 30, 2014

Scientific activities (cont.)	Published articles: • The effects of neuromuscular taping on gait walking strategy in a patient with joint hypermobility syndrome/Ehlers–Danlos syndrome hypermobility type. <i>Therapeutic Advances in Musculoskeletal Disease</i>, 2015, Vol. 7(1) 3– 10 • Does neuromuscular taping influence hand kinesiology? A pilot study on Down's Syndrome, ISSN 1972-6007, <i>Società Editrice Universo (SEU)</i>, Clin Ter 2015; 166 (4): e188-196. • Possible applications of Neuromuscular Taping in pain reduction in Multiple Sclerosis subject: a preliminary report. <i>Senses Sci</i> 2016; 3 (4):303-307. doi: 10.14616/sands-2016 - 4-303307 • The Efficacy Of Neuromuscular Taping On Various Pain Parameters Among Chronic Low Back Pain Population. <i>International Journal of Scientific Research</i> 8 (10):20716-20721. October 2017
Medical books and scientific publications	• NeuroMuscular Taping, from principals to practice, Editor. Edi Ermes Milan, Italy. ISBN: 978/88/7051/342/4. May 2012, Italiano, English, Indonesian, Spanish, Russian • NeuroMuscular Taping, treatment of edema, hematoma, and scarring. October 2013, Editor. Edi Ermes Milan, Italy. ISBN: 978-88-7051-377-6. December 2014, Italiano, English, Spanish, Russian • NeuroMuscular Taping, from principals to practice, Editor. Edi Ermes Milan, Italy. ISBN: 978/88/7051/342/4. Digital copy. December 2014, Italiano, English, Spanish, Russian • NeuroMuscular Taping, treatment of edema, hematoma, and scarring. Editor. Edi Ermes Milan, Italy. ISBN: Digital copy. December 2014, Italiano, English, Spanish, Russian
Attached	Complete CV in English and Italian (available on request)

English

Aware that false statements are subject to the penalties set forth in Article 76 of Presidential Decree No. 445/2000, I declare that the information contained in this curriculum vitae is true and accurate.

I, the undersigned, acknowledge that pursuant to Article 76 of Presidential Decree No. 445/2000, any false declarations, falsification of documents, or use of false documents are punishable under the Penal Code and relevant special laws. Furthermore, I authorize the processing of my personal data in accordance with Article 13 of Legislative Decree No. 196 of June 30, 2003 – “Personal Data Protection Code” and Article 13 of EU Regulation 679/16 – “General Data Protection Regulation (GDPR)”.

I authorize the processing of my personal data pursuant to Legislative Decree No. 196 of June 30, 2003 “Personal Data Protection Code” and in accordance with EU Regulation 2016/679 (including the publication of this document in the ECM database), as well as the collection of this data for the purposes provided under Article 26 of Legislative Decree No. 33/2013 of March 14, 2013, for publication purposes, and I designate this curriculum vitae as intended for publication.

I hereby authorize the use of this document for publication purposes.

Italian

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Il sottoscritto è a conoscenza che, ai sensi dell'art. 76 del DPR 445/2000, le dichiarazioni mendaci, la falsità negli atti e l'uso di atti falsi sono puniti ai sensi del codice penale e delle leggi speciali. Inoltre, il sottoscritto autorizza al trattamento dei dati personali ai sensi dell'art. 13 D. Lgs. 30 giugno 2003 n°196 – “Codice in materia di protezione dei dati personali” e dell'art. 13 GDPR 679/16 – “Regolamento europeo sulla protezione dei dati personali”.

Autorizzo il trattamento dei miei dati personali ai sensi del Decreto Legislativo 30 giugno 2003, n. 196 “Codice in materia di protezione dei dati personali” ed in base al Regolamento UE 2016/679 (comprende la pubblicazione del presente nelle banche dati ECM) e la raccolta dei presenti dati ai fini dell'adempimento di cui all'art 26 del D.Lgs. 33/2013 del 14 marzo 2013, al fine della pubblicazione, e contrassegnando tale curriculum per la destinazione ai fini della pubblicazione.

Autorizzo l'utilizzo di questo documento ai fini di pubblicazione.

Autorizzo il trattamento dei miei dati personali ai sensi del Decreto Legislativo UE 2016/679 del 27 aprile 2016 “Codice in materia di protezione dei dati personali”.

AUTODICHIARAZIONE SUL CONFLITTO DI INTERESSI ECM

Il sottoscritto, consapevole che il “**conflitto d'interessi E.C.M.**” è ogni situazione nella quale un interesse secondario interferisce o potrebbe interferire con l'interesse primario consistente nell'obiettività, imparzialità e indipendenza della formazione professionale nel settore della salute connessa al Programma di Educazione Continua in Medicina (E.C.M.),

DICHIARA

l'assenza di interessi commerciali in ambito sanitario **negli ultimi due anni** dalla data di sottoscrizione del presente curriculum.

Data e luogo di sottoscrizione:

Roma 7 Settembre 2025

Firma:

